

# Oj Shope Shope

(Bulgaria)

This is a Bulgarian dance created by Belčo Stanev from Šopluk region, in *petrunino* rhythm..

Pronunciation: OY SHOH-peh SHOH-peh Translation: Hey, Shope (region of Bulgaria)

Music: 7/8 meter (S-Q-Q-Q-S) counted 1, 2, 3, 4, 5. *Ethnic Journey 2017*, Track 5

Formation: Mixed lines of dancers facing center, hands joined in V-pos or belt hold.

<u>Meas</u>	<u>7/8 meter</u>	<u>Pattern</u>
1-8	INTRODUCTION. No action. (Woman yelling)	
	I. FIGURE I.	
1	Brush/kick R twd diag L (ct <u>1</u> ); hop on L (ct 2); three steps R-L-R moving diag L (cts 3-4- <u>5</u> ).	
2	Kick L, extending straight leg fwd diag L (ct <u>1</u> ); step L next to R (ct 2); three steps R-L-R moving bkwd diag R (cts 3-4- <u>5</u> ).	
3	<i>Chlopka</i> : Close L next to R without wt (ct <u>1</u> ); hop on R, lifting L foot (ct 2); step L in place (ct 3); hop on L, lifting R foot (ct 4); step R in place (ct <u>5</u> ).	
4	Hop on R (ct <u>1</u> ); stamp L heel fwd (ct &); step L in place (ct 2); stamp R heel fwd (ct 3); step R fwd (ct 4); stamp L heel in place (ct <u>5</u> ).	
	II. FIGURE II. [The “Rustemul” step]	
1	Lifting on R foot and twisting L hips twd ctr, step L fwd (ct 1); hop on L, twisting R hips twd ctr (ct 2); step R fwd (ct 3); hop on R bringing L shldr twd ctr (ct 4); step L fwd (ct 5).	
2	Hop on L (ct <u>1</u> ); moving bkwd diag R, step R to R (ct &); step L next to R (ct 2); step R to R (ct 3); step L next to R (ct 4); step on R to R (ct <u>5</u> ).	
3-4	Repeat meas 1-2.	
5	Moving twd ctr, kick L diag R (ct 1); hop on R (ct 2); three steps L-R-L diag R (cts 3-4-5).	
6	Repeat meas 5 with opp ftwk and direction.	
7	Repeat meas 5.	
8	Jump fwd onto both feet with knees bent, bringing R shldr twd ctr (ct <u>1</u> ); leap back on R, facing ctr (ct 2); three steps bkwd L-R-L (cts 3-4- <u>5</u> ).	
	III. FIGURE III.	
1	Bending upper body fwd, touch toes of R behind L (ct <u>1</u> ); step R to R (ct 2); touch toes of L behind R (ct 3); step L to L (ct 4), touch toes of R behind L (ct <u>5</u> ).	
2	Straightening body, kick R fwd, with knee bent (ct <u>1</u> ); hop on L (ct 2); three steps R-L-R in place (cts 3-4- <u>5</u> ).	

## Oj Shope Shope — continued

3 Repeat meas 2 with opp ftwk.

4-6 Repeat meas 1-3.

7 With L knee bent, slap R in front of L, R leg straight and foot flat (ct 1); step bkwd onto R, facing ctr (ct 2); step L in front of R (ct 3); step R bkwd (ct 4); step L bkwd (ct 5).

8 Repeat meas 7.

IV. FIGURE IV.

1 Step R to R, moving CCW (ct 1); hop on R, lifting L foot (ct 2); three steps L-R-L moving CCW (cts 3-4-5).

Sequence: Fig I, II, III; Fig IV twice  
 Fig I, II, III; Fig IV six times  
 Fig I, II, III; Fig IV twice  
 Fig I, II, III; Fig IV three times as written above. Fourth time: Step R to R, moving CCW (ct 1); hop on R, kicking L fwd (ct 2-3), leap onto L (ct 4), slap R fwd (ct 5).

Presented by Roberto Bagnoli